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PURE, AUTHENTIC and SIMPLY BEAUTIFUL

IT'S TIME TO PROTECT BABIES FROM DANGEROUS PRODUCTS!

By Samuel S. Epstein, M.D.,

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From shortly after birth, mothers tenderly wash and pamper their infants with a wide range of baby products. These include soaps, shampoos, lotions, and dusting powders, some of which are used several times daily.

However, how would mothers react if they discovered that these baby products contain a witch's brew of dangerous ingredients? Hopping mad could be a reasonable understatement.

Most disturbing are three groups of widely used ingredients known as "hidden carcinogens" — ingredients which are contaminated by carcinogens, or which break down to release carcinogens, or which are precursors of carcinogens — to which infants are about 100 times more sensitive than adults.

- The largest group of hidden carcinogens includes dozens of wetting agents or detergents, particularly PEGs, Laureths, and Ceteareths, all of which are contaminated with the potent and volatile carcinogens ethylene oxide and dioxane. These carcinogens could readily be stripped off during ingredient manufacture, if the industry just made the effort to do so. Another hidden carcinogenic ingredient is lanolin, derived from sheep's wool, most samples of which are contaminated with DDT-like pesticides.
- The second group includes another detergent, Triethanolamine (TEA) which, following interaction with nitrite, is a precursor of a highly potent nitrosamine carcinogen.
- The third group includes Quaterniums and Diazolidinyl urea preservatives which break down in the product or skin to release the carcinogenic formaldehyde.

Of additional concern is another group of common preservatives, known as Parabens. Numerous studies over the last decade have shown that these are weakly estrogenic. They produce abnormal hormonal effects following application to the skin of infant rodents, particularly male, resulting in decreased testosterone levels, and urogenital abnormalities. Parabens have also been found to accumulate in the breasts of women with breast cancer. The common use of Talc dusting powder can result in its inhalation, resulting in acute or chronic lung irritation and disease (talcosis), and even death. Additionally, Talc is a suspect cause of lung cancer, based on rodent tests.

Fragrances, containing numerous ingredients, are commonly used in baby products for the mother's benefit. However, over 25 of these ingredients are known to cause allergic dermatitis.

A final ingredient of particular concern is the harshly irritant sodium lauryl sulfate. A single application to adult human skin has been shown to damage its microscopic structure, increasing the penetration of carcinogenic and other toxic ingredients.

Most disturbing is the ready availability of safe alternatives for all these dangerous ingredients (longstanding information on which is detailed on the Cancer Prevention Coalition website, http://www.preventcancer.com).

So, why is it that the multibillion-dollar cosmetic and toiletry industry has not acted on this information? The answer is that the major priority of the industry's trade association is "to protect the freedom of the industry to compete in a fair market place." At the same time, the association pursues a highly aggressive agenda against what it claims are "unreasonable or unnecessary labeling or warning requirements." As Senator Edward M. Kennedy (D.MA) stated at 1997 Hearings on the FDA Reform bill: "The cosmetics industry has borrowed a page from the playbook of the tobacco industry by putting profits ahead of public health."

Astoundingly, the interests of industry remain reinforced by the regulatory abdication of the Food and Drug Administration (FDA), in spite of its authority under the 1938 Federal Food, Drug and Cosmetics (FD&C) Act. Clearly, the FDA is the lap dog, rather than the watchdog, of the industry. Of even greater concern is the reckless failure of the federal National Cancer Institute and the "non-profit" American Cancer Society to inform the public of the avoidable risks of cancer from the use of baby products, especially in view of the escalating incidence of childhood cancers over recent decades.

However, the silence of the American Cancer Society is consistent with its over \$100,000 annual funding from about a dozen major cosmetic and toiletry industries.

The protracted failure of Congress to enforce FDA's compliance with the FD&C Act has evoked the growing concern of State legislatures.

Assemblywoman Judy Chu (D-Monterey Park) of the California Senate Health Committee, recently introduced landmark legislation that requires disclosure of all carcinogenic, hormonal, and otherwise toxic ingredients in cosmetics. Strongly backed by a coalition of consumer, womens,

occupational, and church groups, but opposed by powerful mainstream industry interests, the Bill failed to pass.

However, this shot over the bows of the reckless mainstream industry marks the beginning of nationwide State initiatives to protect consumers and their babies from undisclosed dangerous products and ingredients. Safe alternative products and ingredients, including organic, are becoming increasingly available from non-mainstream companies.





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This reflects our total commitment to provide the purest, safest products for you and your young family.



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"THE DIRTY DOZEN INGREDIENTS"

IN PERSONAL CARE

The vulnerability of children to hazardous chemicals is well documented by the United Nations and the World Heath Organization. This list makes sobering reading as many of these chemicals may be found in many of the personal care products we use everyday!

PARABENS¹

Hormonal (endocrine disruptive). Widely used as preservatives to inhibit bacteria, yeast & mould growth in the cosmetics industry. May alter hormone levels, possibly increasing risks of certain types of cancer, impaired fertility or foetal development. Parabens have been discovered in cancerous breast tumors.

SODIUM LAURYL SULFATE

Harsh irritant. Traditionally used as engine de-greaser and industrial garage cleaner. Can cause skin to flake, cataracts & improper eye development in children.

MINERAL OIL (Petrolatum)²

Widely used in baby oils and moisturising creams, manufactured from crude petrol. Potentially carcinogenic as analysis reveals presence of several polcyclic aromatic hydrocarbons.

PROPYLENE GLYCOL3

Often one of the largest ingredients by volume in cosmetics. Dangerous to children when accidentally ingested in large doses, as it behaves like a general anaesthetic causing seizures and changes in the surface EEG.

TALC (TALCUM POWDER)

Implicated in acute or chronic lung disease (Talcosis). Cosmetic grade talc is a proven carcinogen; there is a link between use of talcum powder & ovarian cancer.

DIAZOLINDINYL UREA

Precursor of the carcinogenic formaldehyde. Present in moisturiser, shampoo,sunscreen, make-up, body wash, bath oils/salts.

QUANTERNIUM 15

Precursor of the carcinogenic formaldehyde. Causes more dermatitis complaints than any other preservative.

LAURETHS, CETEARETHS, POLYSORBATES & PEGS

Contaminated with the volatile carcinogens ethylene oxide & dioxane.

TRIETHANALAMINE

Interacts with nitrates to form the potent carcinogen nitrosamine. Widely used as a dispersing ingredient in body lotions, soaps, shampoos & bath products.

SOURCE:

- 1. Cancer Prevention Coalition listings
- 2. International Agency for Research into Cancer (UN Agency, Geneva)
- 3. JOPDAB Journal of Paediatrics V 1-1978



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